

**AMERICAN LEGION
BICENTENNIAL POST 1976
4206 Daniels Avenue
Annandale, VA 22003**
Post Info Line: 703-941-9608
Email: rpcomm6759@aol.com
Website: www.post1976.org

Non-profit Organization
U.S. Postage Paid
Annandale, VA
Permit No. 179

DATED MATERIAL



TO:

*If you wish to receive your newsletter earlier in the month, please send your email address to:
rpcomm6759@aol.com and we will email it.*

Fall 2021

NEWSLETTER





VOLUME XLI ISSUE #3

Fall 2021

Post 1976 Officers

POST 1976 LEGION OFFICERS 2021–2022

Commander: Gretchen Trujillo; Thegretch61@verizon.net

1st Vice Cdr. (Membership): Jeremy Powell
jmpowell78@gmail.com

2nd Vice Cdr. (Events): Lance Kent; lancekent17@aol.com

3rd Vice Cdr. (House Comm): Eugene Kimbrell
Cornbread69877@yahoo.com

Finance Officer: Frank Buckley; frankcbuckley@aol.com

Chaplain: Paul McComb; pmccomb98@gmail.com

Historian: Vacant

Service Officer: Dorothy Hennessey Vigano
703-898-6627; dorothyvigano@yahoo.com

Sgt. At Arms: Bob Thomas

Adjutant: Christine Langin

MEETINGS:

Executive Board: 1st Tuesday of each month, 7 p.m.
General Membership: 2nd Tuesday of the month, 7 p.m.
House Committee: 1st Tuesday of each month, 6:30 p.m.

SONS OF AMERICAN LEGION SQUADRON 1976

President: Tom Uglietta; TomUg@verizon.net

1st Vice (Membership): Mike Trujillo
MrT.Mike@verizon.net

Treasurer: Mike Lowe

Sergeant at Arms: Scott Pratt

Historian: Doug Oneill

Adjutant: Gary Indre

Chaplain: Steve Smith

MEETINGS: 1st Thursday of the month, 7:00 p.m.

AMERICAN LEGION RIDERS CHAPTER 1976

Director: Eugene Kimbrell; Cornbread69877@yahoo.com

Assistant: Mike Trujillo; MrT.Mike@verizon.net

Treasurer: Dick George; hndymndick@aol.com

MEETINGS: 3rd Thursday of the month, 7 p.m.

AMERICAN LEGION AUXILIARY UNIT 1976

President: Pam McCarthy;
pamelamccarthy@consiliumdevelopment.com

1st Vice President: Vacant

2nd Vice President: Joyce Landry; catnaper520@yahoo.com

Secretary: Sharon Ogle; Share2520@gmail.com

Treasurer: Laura Werner; laurawer@yahoo.com

Chaplain: Susan Dudding; Susan.dudding@yahoo.com

Historian: Vacant

Sgt. At Arms: Vacant

Membership: Karen McDaniel;
karenmcdaniel@verizon.net

MEETINGS: 2nd Monday of the month, 7 p.m., except June, July (no meeting)

Club Manager: Diane Ramsey
703-941-9608; Rpcomm6759@aol.com

Newsletter Editor: Stephanie Kern; Slk04@hotmail.com

Website Manager: Vacant

Want to get the newsletter emailed to you? Email Diane Ramsey at rpcomm6759@aol.com.

Commander's Corner

Dear Fellow Legionnaires, Auxiliary, SAL, and Riders:

We are keeping everyone in our thoughts and prayers.

The post is back to running two daily shifts. Our hours of operation are Monday and Tuesday from 11:00 a.m.–7:00 p.m.; Wednesday through Sunday from 11:00 a.m.–10:00 p.m.

Our Legion Family Breakfasts are back, all you can eat, on the third Sunday every month from 9:00 a.m.–1:00 p.m. The cost is \$10.00.

The updated Constitution and By-Laws will be sent out with the next quarterly newsletter and it will be posted on our website for your review and comments. They will be discussed at the December General Membership meeting.

The General Membership meetings for this quarter will be held on September 14, October 12, November 9, and December 14—all at 7:00 p.m. It is highly encouraged that our members join us at these meetings as this is a great forum to address issues, bring up ideas, and discuss legion business. The Executive Board and House Committee need your support.

Honorable Mentions: Thank you Joyce Landry for organizing the Adopt-a-Platoon effort. Your hard work did not go unnoticed.

Thank you, Paul McComb, for working with the Shelter House and organizing that effort.

Thank you, Tom Uglietta, Red, Tennessee, and Scott Pratt for taking the lead on the Legion Family Breakfast. Thank you servers, Dorothy Vigano and Sharon Ogle, for your help. Thank you Mike Trujillo and Lance Kent for being our

cleanup crew. Please forgive me if I left anyone off as it wasn't intentional.

Thank you Patricia Ness for organizing the Friendship and Cowboy parties and \$3.00 sandwich day on Tuesdays.

For God and Country,

Gretchen Trujillo, Commander

1st Vice's Report

No report this quarter.

Jeremy Powell, 1st Vice Commander

2nd Vice's Report

We have a few events coming up in the upcoming months. Below is a list of what is currently scheduled:

September

11–Trip to Flight 93 Memorial in Shanksville, PA, sponsored by the Post's Riders. Kickstands up at 8:00 AM.

18–Quarterly Texas Hold 'Em tournament. Signups will begin at 2:00 PM. Seating will be at 3:00 PM.

21–Tuesday Night Trivia. Wings and hot dogs will be served.

25–Flag Retirement ceremony at 11:00 AM in the parking lot. The Boy Scouts will be assisting in the event.

25–Casino Night from 2:00 to 5:00 PM, hosted by Grover Gaming. For a \$20 entry, you will receive \$50,000 in play money and 5 raffle tickets. There will be 2 Texas Hold 'Em tables, 2 Blackjack tables, and a roulette table.

October

9–Beef Burgundy Dinner. Tentatively scheduled from 12:00 PM to 6:00 PM.

9–Movie Night. The movie will be Miracle (the 1980 US Olympic Hockey Team story), starting at 7:00 PM.

19–Tuesday Night Trivia.

23–Early Bird/Mortgage Burning Party. If you renew your membership by September 30th, you will get free drinks (details to be announced). We will also have a ceremonial burning of the building’s mortgage.

30–Halloween Party. Details to be announced soon.

November

6–Army/Air Force Football. Kickoff is 11:30 AM.

16–Tuesday Night Trivia.

25–Thanksgiving.

December

11–Army/Navy Football. Kickoff is 3:00 PM.

21–Tuesday Night Trivia.

25–Christmas.

This list is not all inclusive since we will be adding events as time goes on. Stay tuned for any additional information.

As always, I am open to any and all suggestions.

Lance Kent, 2nd Vice Commander

3rd Vice’s Report

Well first and foremost, I want to again say THANK YOU to our staff for the job you all are doing here at the post. THANK YOU ALL SO MUCH.

Now this is going to sound like a broken record, but once again we have had complaints about members who just can’t get over some childish SHIT (yup no symbols). I just can’t understand how an ADULT could let someone or something consume them to the point other members can’t

enjoy their time at the post. Everyone is tired of hearing it. So again, I ask you to pull your big boys/girls drawers up and get over it.

And this stuff about throwing someone’s personal property in the trash WILL NOT BE TOLERATED. There have been more cameras added to the post so we can see you. And if we find anyone doing this sort of shit, I as the 3rd vice will do all I can to get the House Committee to kick you out of our post. Enough is enough. Yes, people are tired of hearing it. I don’t believe you could go to any other place and act like this and not be asked to stop and or to leave. As the old saying goes, if the shoe fits wear it.

*Eugene Kimbrell (aka Cornbread)
3rd Vice Commander*

Finance Officer’s Report

As of July 31, 2021: Net income for the year 2021 is +\$104,625.22; current assets are \$354,337.94; and mortgage balance is \$7,650.58.

Frank Buckley, Finance Officer

Chaplain’s Report

An August 2021 email from the U.S. Navy Surgeon General, Rear Admiral Bruce Gillingham, offered several topics that I wanted to pass along to the Post 1976 family.

"For the past two decades we have answered our Nation’s call and deployed forward to support our military service members and coalition partners in Afghanistan. Those who served on the ground and those who supported our deployed members should be deeply proud of what you accomplished. You excelled in roles augmenting local forces and national government officials as advisors and mentors." RADM Gillingham also noted: "I also understand the wide range of feelings many of us are experiencing as we leave a country we have supported for decades, as we watch events unfold, and as we inevitably contemplate the sacrifice so many have made. A strong, potentially painful, emotional reaction is to

be expected. None of us need experience these thoughts alone.”

Because of the sacrifices and efforts our veterans have endured, the current events may negatively impact all veterans, but potentially more so for the OIF, OEF, and Vietnam veterans. I encourage everyone to talk with your family, friends, and fellow veterans about your views and how you are coping with current events. May you find solace and comfort from those that care about you. Take care of each other.

You also have the Veterans Crisis Line: 1-800-273-8255 and Press 1. The Crisis Line is also available by text: 838255. Confidential and available every day, 24/7. It serves all veterans, all service members, National Guard and Reserve, and their family members and friends. More than 5.4 million calls. A trained responder will answer your call or text and will help you through any personal crisis. You can decide how much you want to share. For more information see the website at <https://www.veteranscrisisline.net/>.

May the Lord provide you encouragement and comfort always, but especially if you are enduring difficult times. May the Lord be a constant companion to us all.

The American Legion Department of Virginia 103rd Annual Fall Conference is October 21-24, 2021. The conference will be at the Doubletree by Hilton, 50 Kingsmill Road, Williamsburg VA, 23185. Registration forms are provided at the website <https://valegion.org/2021-department-fall-conference-registration-packet/>.

New District 17 Chaplain

On August 15, 2021, Post 1976 installed me, Paul McComb, as the District 17 Chaplain. The District 17 Commander, Michael Kimlick, nominated me for the position. Several Post 1976 members attended the installation ceremony. I am honored to serve as the District Chaplain and am grateful

for the support from the entire Post 1976 Legion family.



District 17 Installation Ceremony



Post 1976 Legionnaires Chaplain Paul McComb, Commander Gretchen Trujillo, and 3rd Vice Eugene Kimbrell

For God & Country,

Paul McComb, Chaplain

Service Officer's Report

Wreaths for Arlington National Cemetery

Many folks at the General Membership Meeting expressed interest in purchasing wreaths for Arlington National Cemetery through our local DAR chapter. Henry Clay Chapter will receive \$5 per wreath that will be used to assist homeless female veterans with children (Final Salute) and other veteran programs in need.

The wreaths are \$15 and can be placed at a specific veteran's grave or a grave not yet sponsored. The DAR will also be taking orders at

our family breakfast. Orders must be placed by the 18th of December.

To order online, please go to:
www.wreathsacrossamerica.org/VA0848P

Dorothy Hennessey Vigano, Service Officer
dorothyvigano@yahoo.com
(703) 898-6627

Historian's Report

This position is currently vacant. Please contact the Post for more information.

Club Manager's Report

Cook needed on Thursday nights for Queen of hearts—4 p.m. to 8 p.m. You will need to get a food handler's license that the legion will pay for. If interested, please email me at rpcomm6759@aol.com or call me at 703-408-9123.

Family Breakfast has come back every third Sunday of the month, 9 a.m. to 1 p.m. It has been raised to \$10, all-you-can-eat, to cover food costs. Bloody Marys and Mimosas are still available for donations.

Diane Ramsey, Club Manager

American Legion Auxiliary Report

Membership dues for 2022 are now being processed and you should receive renewal notices from National very soon. You don't have to wait for that, however. Our dues have increased to \$35 and checks can be brought or mailed to the Post Home (payable to Auxiliary Unit 1976). Pay by Sept. 30 and you will be an "Early Bird" and can participate in the Legion free drink day on Oct. 23rd. To date, we have 21 paid, which includes our 4 PUFL members.

The Auxiliary has another contest, and if you pay by Oct. 31st, your name will be put in a drawing and your dues will be paid for the next year (2023). Last year's winner was Micki Welsh.

You can also pay online to National, www.ALForveterans.org. (My Auxiliary Member Portal}. You will need your 9-digit membership number, and you can pay by credit card. Or you can call (317) 569-4570.

We just missed the goal for 2021 by one member. We had 120 for 99.17%. We can still send in membership for 2021 (dues \$30) and you will be able to keep your continuous years.

I am sorry to report that we had three deceased members this year: Patricia Mastyskiela, MaryeJo Timmons, and Marilyn Kemp. They were honored at the Legion General Membership meeting on Aug 10 and our charter was draped.

A warm welcome to our newest members: Blake Thomas, Grace Collier, Toyoko Ramsey, and Monica Ramsey-Gagliano. Our next meeting is Monday Sept. 13th, 7 p.m. All are welcome!

*Karen McDaniel, Auxiliary Membership
Chairman*

Sons of the American Legion Report

Well, Summer is almost over; but with the temperatures we have had the last couple of weeks, you would think we were just starting Summer! We were also just about out of the Covid-19 restriction protocols, but then this Delta variant hit, so we are still trying to determine what the Post can or can't do. At this time, we are operating under our normal schedule. Hope that will be the protocol for a long time.

The 2021 membership year has completed, and we have come very close to meeting our Department goal of 117 renewals. I think that's been a tremendous accomplishment for our Post 1976 SAL Squadron, considering the restrictions we have been under for more than a year!

We have now started our 2022 membership year and have already received 22 member renewals for the 2022 Early Bird Season. The Early Bird period lasts until September 30, 2021. The Post will sponsor an early bird celebration on October 23, 2021, in conjunction with the flag retirement

we will be doing that day. Drinks will be on the house for Early Birds for a portion of the day! Renew early and come on out on October 23 and enjoy the celebration with many other members of our Post.

The renewal cost is still \$30 for SAL members. Dual members pay only the State Membership cost of \$15 for their dual SAL membership. If you would like to renew for 2022, you can place your renewal request in an envelope addressed to Mike T, with the \$30 renewal fee. The bartender on duty will provide the waiting renewals to me when I come into the Post home for meetings or just to visit, which I will then process and provide a 2022 membership card for the member renewing; most likely it will be mailed to you unless you are a frequent member that I can hand it to.

So please get your renewal in in a timely manner, so you can participate in the Early Bird celebration in October.

The Post is continuing with the monthly Trivia Contests, on the third Tuesday of the month. SAL also cooks chicken wings and hot dogs on the day of the Trivia Contest, with service beginning about 6:00 p.m. So, come out to the Post and enjoy a great wing or hot dog snack, and also participate in the humorous Trivia Contest, and have lots of fun answering some of the Jeopardy-style questions Lance comes up with to throw out to the participants.

SAL also participates in the monthly Legion Breakfast, held on the third Sunday of the month. SAL members do most of the cooking and are assisted by other Legion and Auxiliary members to distribute the breakfast plates and clean up after the breakfast is over. This is a very fun occasion we can be proud of in our Post/Squadron, and the number of folks who come out for the Legion Breakfast is very significant. We are extremely proud of turning out this breakfast each month.

The SAL meeting is scheduled for the first Thursday of each month, 7:00 p.m. We would like to hear any recommendations for events or any other worthwhile endeavors that we can undertake during the year which would benefit the Post.

The Squadron does have a significant number of members who actually participate in person at the monthly meetings; however, we also understand that some folks would rather participate remotely, so participation in the SAL meetings can be accessed using Zoom connectivity on your home computer. If you so desire to join us in the monthly meeting through Zoom, please respond to a message we will be sending out to all Squadron SAL members a day or so before the meeting, and we will send you a Zoom invite to the meeting.

So please place the SAL meetings in your calendar, and hopefully you will join us for the next meeting.

Remember to be careful and stay safe.

For God and Country

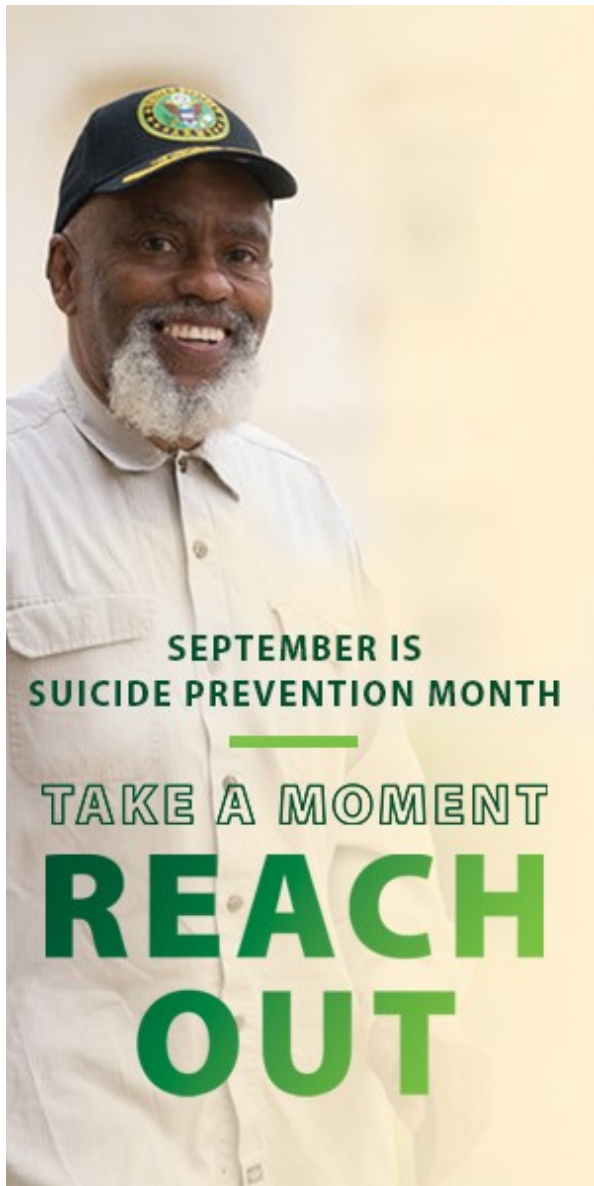
Mike Trujillo, SAL 1st Vice

American Legion Riders Report

FALL oh how good that sounds—we need some cooler weather. Well the riders are going to do the gift cards for families that need a little help for Christmas and will be asking for help from the post and other entities. And Joyce is working hard to get us back into Leewood nursing home for Thanksgiving or Christmas. Can't forget Toys for Tots—the boxes will be out soon. Yeah, I know its early but will be here before you turn around good.

We rode to Shanksville again this year (couldn't miss the 20th Anniversary). Thanks to everybody who went. We are working on a date to ride out to the Culpeper Legion to visit and use their shooting range so when we get this worked out, we will let everyone know. So if you have the ammo, let's go shoot some \$\$\$@. We will also be looking into things to do at the post as fundraisers (these are TBD). But with the cooler weather moving in, let's get out and ride.

*Eugene Kimbrell (aka Cornbread),
ALR Director*



Boys State 2021

Virginia Boys State 2021 was held June 20–26 at Radford University. We sponsored three boys to attend, unfortunately one of the boys came down sick and was not able to attend. Following are notes received from the two young men who were able to attend:

“Thank you to all the members of Post 1976—not only for their sponsorship but also for their service to our great nation! I had a great week at Boys State, from the instructional sessions to meeting like-minded individuals not only in my city but also from other cities, making new friends along the way. Thank you again for your sponsorship and service, which allowed me this opportunity!”

“I had an amazing week at Boys State; I got to meet a lot of really great people and politicians from all over the state. I learned a lot about the governing process in Virginia, as well as about public speaking. The speakers all had really valuable lessons to teach us, and I will carry this experience with me for the rest of my life.”

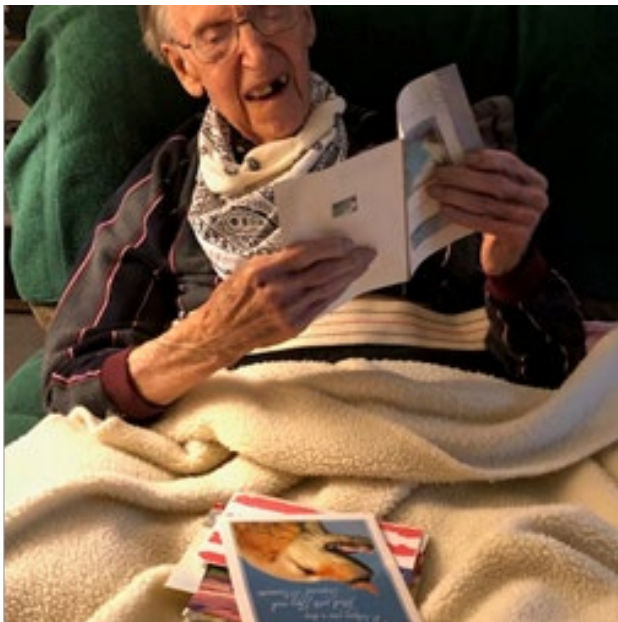
Frank Buckley

ANNANDALE VETERAN TURNS 100 YEARS OLD

On August 7th, 2021, the Post 1976 family helped Annandale veteran Ssgt Everett B. Garlem celebrate his 100th birthday! The Post provided a cake, two sets of flowers, and many birthday cards. Joyce Landry delivered the cards and she had the honor to meet Ssgt Garlem, his wife, and his daughter, Patsy. On behalf of the Post, Joyce thanked Ssgt Garlem for his many years of service and wished him a huge Happy Birthday. Joyce commented that Ssgt Garlem was very kind and appreciated what the Post has done and will do for him.

The Garlem family said Ssgt Garlem liked the card and flowers, and he was touched by them. Joyce was able to briefly speak with the family and they are totally in awe of our efforts and generosity shown towards them.

Joyce Landry wanted the Post to know, "this was one of those special moments I will always remember, and I wanted to convey the events to you all since it's been a joint effort by all of the Legion's groups."





Halloween Craft Event

September 18, 2021

12:00-2:00PM

4206 Daniels Avenue
Annandale, Va. 22003

All American Legion Post
1976 members are invited to
join us as we paint wooden
decorations. Cost will be 5.00
per person. RSVP to Joyce
Landry @ 703-801-3251 or
catnaper520@yahoo.com.
Thanks

MEDICARE INFORMATION



Attend an upcoming Medicare Educational Seminar!

Learn about:

- Medicare eligibility information and key dates
- Overview of Medicare Part A and Part B
- The differences between Medicare Advantage and Medigap plans
- Medicare Prescription Plans
- The different Medicare enrollment periods
- Tips for finding the Medicare plan that is right for you!

Have all of your Medicare questions answered by a licensed and highly trained agent that specializes in Medicare insurance.

For More Information:

Call (703) 338-6970

**Seminars are for educational purposes and no plan-specific benefits will be discussed.*

Brad Rothermel is an independent insurance agent and not connected with or endorsed by the US government or the federal Medicare program.

Seminar Schedule:

**American Legion
Bicentennial Post 1976
Annandale, VA**

Thursday, September 23

Time: 6:30 p.m.

Provided & Serviced by:



Brad Rothermel

Licensed Insurance Agent



Saturday, September 25, 2021

2:00pm-5:00pm

\$20 to enter and receive \$50.000 in play money

This is not a gaming tournament using the gaming machines. These will be table games like Poker, Roulette and Black Jack

Sign up Sheet at the Bar



♥	♣	♦	♠	♥	♣	♦	♠
♣				Free Food			♦
♦				DJ			♣
♠				2 Drink Tickets			♥
♥				5 Raffle tickets			♠
♣				The prizes are			♦
♦				\$25.00 Gift Cards			♣
♠							♥
♥	♣	♦	♠	♥	♣	♦	♠

American Legion post 1976—4206 Daniels Ave, Annandale, VA 22003

Let's Stuff the Bus !!

Food Drive for ACCA.



Feeding the
Community

Sponsored by Shepherd's Center

Deadline for donating is Friday October 8th.

Food will be delivered the following morning

Non Perishable Food Items Needed:

Rice, Beans, Noodles, Fruits, Vegetables, Soups, Sauces,

Tuna fish, Chicken, Applesauce, peanut butter. Etc

Any donation is greatly appreciated.

Please No Glass or expired foods.



You can also make a Monetary Donation.

There will be a collection jar available at the bar.

The Auxiliary will then shop with the donations collected.

Let's join together and help our community fight hunger!!

~ September 2021 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
\$3 Sandwiches every Tuesday!			1	2 SAL Meeting 7 pm	3	4
5	6 Labor Day	7 House Committee Meeting 6:30 Executive Board Meeting 7 pm	8	9	10	11
12	13 Auxiliary Meeting 7 pm	14 General Membership Meeting 7 pm	15	16 ALR Meeting 7:00 pm	17	18 Craft Event 12-2 p.m. Texas Hold 'Em Tournament
19	20	21 Trivia Night 7 p.m.	22	23 Medicare Seminar 6:30 p.m.	24	25 Flag Retirement Ceremony 11 a.m. Casino Night 2-5 p.m.
26 District 17 Meeting 1 p.m.	27	28	29	30 Early Bird Renewal Date		

~ October 2021 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
\$3 Sandwiches every Tuesday!					1	2
3	4	5 <div>House Committee Meeting 6:30</div> <div>Executive Board Meeting 7 pm</div>	6	7 <div>SAL Meeting 7 pm</div>	8	9 <div>Beef Burgundy Dinner;</div> <div>Movie Night 7 p.m.</div>
10	11 <div>Columbus Day</div> <div>Auxiliary Meeting 7 pm</div>	12 <div>General Membership Meeting 7 pm</div>	13	14	15	16
17	18	19 <div>Trivia Night 7 p.m.</div>	20	21 <div>ALR Meeting 7:00 pm</div>	22	23 <div>Early Bird/ Mortgage Burning Party</div>
24	25	26	27	28	29	30 <div>Halloween Party</div>
31 <div>Halloween</div>						

~ November 2021 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 House Committee Meeting 6:30 Executive Board Meeting 7 pm Election Day	3	4 SAL Meeting 7 pm	5	6 DAR Meeting 10-12
7 Daylight Savings Time Ends	8 Auxiliary Meeting 7 pm	9 General Membership Meeting 7 pm	10	11 Veterans Day	12	13
14	15	16 Trivia Night 7 p.m.	17	18 ALR Meeting 7:00 pm	19	20
21	22	23	24	25 Thanksgiving Day	26	27
28	29	30	\$3 Sandwiches every Tuesday!			